



Are you a parent or carer of a young person with a learning disability?

Tell us about your experience with annual health checks for people with Learning Disabilities

People with a learning disability often have poorer physical and mental health than other people. This does not need to be the case. Annual health checks are for adults and young people aged 14 or over with a learning disability. An annual health check can help with staying well by finding any problems early and getting the right care.

Here in Wirral we want to learn more about what you, as a parent or carer of a child with a learning disability, know about GP annual health checks. We want to learn about your experience if your child has had an annual health check.

Please can we ask for your help by completing our short survey? Your answers will help us make things better with regard to accessing to annual health checks. (We would still like to hear from you if your child hasn't had an annual health check)

<https://www.surveymonkey.co.uk/r/C787N9B>



If you want to learn more about annual health checks please 'check out' these websites and resources:

- <https://superchargedme.uk/>
- https://www.mencap.org.uk/sites/default/files/2016-06/Annual_health_checks_Easy_Read_1.pdf
- <https://www.nhs.uk/conditions/learning-disabilities/annual-health-checks/>
- <https://www.ndti.org.uk/assets/files/Health-Check-Resources-Final-March-2020-updated-Aug-2020.pdf>
- <https://localofferwirral.org/>