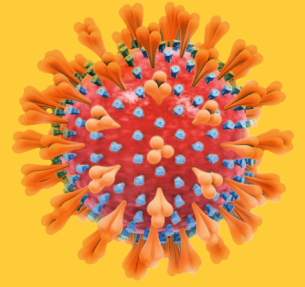


Coronavirus Shielding



Some people are **extremely vulnerable** and coronavirus could kill them.

The NHS sent letters to these people about **shielding**.

If you are shielding



Stay home for 12 weeks on your own.



Talk to family, carers or friends. You will need support.



If you do not have support phone
0800 028 8327



If you feel ill stay home and phone your GP or get advice from 111
In an emergency call 999