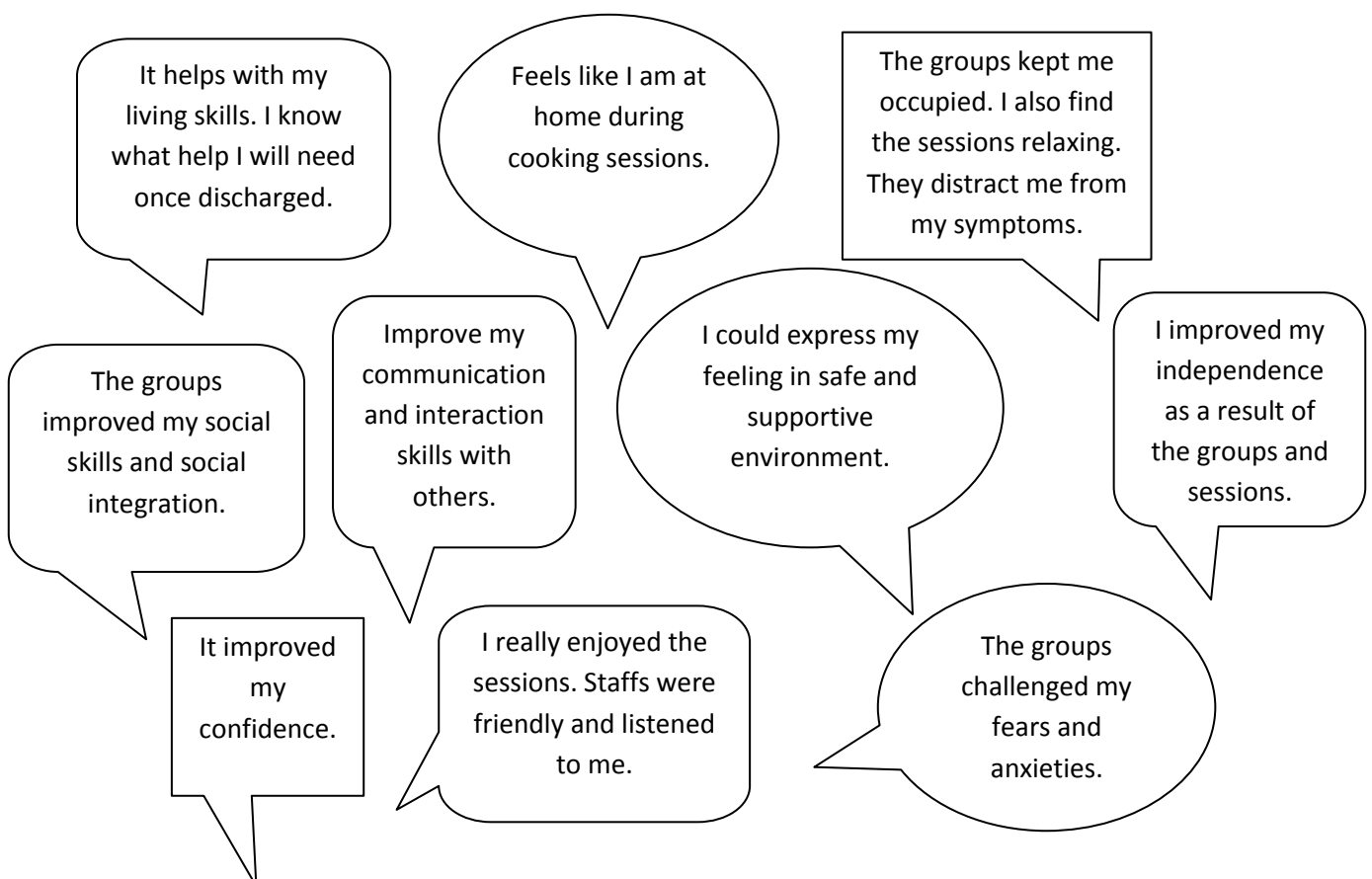


Wellbeing in Rehabilitation – May

The therapy team on Lime Walk, in Macclesfield, a specialist Open Rehabilitation, Recovery and Assessment Unit for service users with chronic and enduring mental health problems, have started a blog to promote understanding and awareness of mental health, personal responsibility, education, self-advocacy, support and hope for service users, carers and their families.

The ward is for service users who require interventions to improve their quality of life and help people to develop their skills and abilities to allow them to be as independent as possible. We further aim to help people to understand their difficulties and develop better ways of doing things, and supporting individuals in improving their health and wellbeing. In this blog we aim to provide information on the service we provide, promote change and service development and gain feedback and solve problems through your comments.

We have asked service users to review the service provided by the therapy team, with regard to the therapeutic interventions offered. The feedback gained was positive and constructive. We aim to take this feedback forward to develop and update the timetable to meet service user needs and recovery goals, and to overall improve the service provided.



Any feedback is welcome - please send it to

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See you all next month