



# CONFERENCE 2020 PROGRAMME

FRIDAY 1 MAY 2020  
HOLIDAY INN | CENTRAL ISLAND WATERWAYS  
LOWER MERSEY STREET | ELLESMERE PORT | CHESHIRE | CH65 2AL

8.30am - 9.30am

## REGISTRATION AND REFRESHMENTS

9.30am - 9.40am

## WELCOME AND INTRODUCTIONS

**Sheena Cumiskey**  
*Chief Executive Officer*  
Cheshire and Wirral Partnership NHS Foundation Trust

## KEYNOTE SESSION 1

**Chair: Dr Mahesh Odiyoor**  
*Consultant Psychiatrist & Strategic Clinical Director*  
Cheshire and Wirral Partnership NHS Foundation Trust / CANDDID

9.40am - 10.00am

## KN1 BEING ON BOTH SIDES OF THE TABLE: PERSPECTIVES AND REFLECTIONS

**Dr Sujeet Jaydeokar**  
*Consultant Psychiatrist Specialty Clinical Director*  
CANDDID, Cheshire and Wirral Partnership NHS Foundation Trust

10.00am - 10.30am

## KN2 ADVANCES IN OUR UNDERSTANDING OF ADHD, COGNITIVE NEUROSCIENCES PERSPECTIVE

**Professor Jonna Kuntsi**  
*Professor of Developmental Disorders and Neuropsychiatry, Institute of  
Psychiatry, Psychology and Neurosciences; King's College London*

10.30am - 11.00am

## KN3 ASSESSMENT FOR TICS DISORDER IN CHILDREN WITH CO-OCCURRING NEURODEVELOPMENTAL CONDITIONS

**Dr Heather R. Adams, Ph.D**  
*Associate Professor, Department of Neurology and Department of Paediatrics;  
University of Rochester Medical Centre, New York*

11.00am - 11.30am

## REFRESHMENTS AND POSTER VIEWING

11.30am - 12.30pm

## CONCURRENT SESSIONS

**SEMINAR 1**  
**IMPROVING EDUCATIONAL  
OUTCOMES FOR CHILDREN  
WHO EXPERIENCE  
DEVELOPMENTAL DISORDERS**  
**Bill Colley**  
*Educational Consultant; The UK  
ADHD Partnership*

**SEMINAR 2**  
**NEUROFIBROMATOSIS TYPE 1**  
  
**Dr Ta Tzu (Tina) Tang**  
*Clinical Psychologist  
West Cheshire CAMHS;  
Cheshire and Wirral Partnership  
NHS Foundation Trust*

**SEMINAR 3**  
**DIAGNOSIS AND TREATMENT  
OF ADHD IN ADULTS WITH  
INTELLECTUAL DISABILITY -  
CLINICAL CHALLENGES**  
**Dr Bhatika Perera**  
*Consultant Psychiatrist in  
Intellectual Disability  
Psychiatry; Barnet, Enfield, and  
Haringey Mental Health Trust*

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12.30am - 1.30pm **LUNCH**

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1.30pm - 2.30pm **CONCURRENT SESSIONS**

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**SEMINAR 4**

**FOETAL ALCOHOL  
SYNDROME - DIAGNOSIS  
AND MANAGEMENT**

**Dr Raja Mukherjee**  
*Consultant Psychiatrist and  
Clinical Lead for Foetal Alcohol  
Spectrum Disorder Services, Surrey  
and Borders Partnership NHS  
Foundation Trust*

**SEMINAR 5**

**PHARMACOLOGICAL  
TREATMENTS IN ADHD -  
PRACTICAL CONSIDERATIONS  
AND MONITORING**

**Dr Tirthankar Mukherjee**  
*Consultant Psychiatrist*  
**Helen Massey**  
*Clinical Specialist Nurse*  
**Denise Bromilow**  
*Clinical Specialist Nurse, Adult  
ADHD Service; Cheshire and Wirral  
Partnership NHS Foundation Trust*

**SEMINAR 6**

**NON-PHARMACOLOGICAL  
TREATMENT OF ADHD**

**Dr Kobus van Rensburg**  
*Consultant Clinical  
Psychologist, Head of Adult  
ADHD & AS Team, CYP ADHD &  
ASD Service, St Mary's Hospital;  
Northamptonshire NHS  
Foundation Trust*

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2.30pm - 3.00pm **REFRESHMENTS AND POSTER VIEWING**

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**KEYNOTE SESSION 2**

**Chair: Dr Ceri Woodrow**  
*Clinical Psychologist & Editorial Lead  
Cheshire and Wirral Partnership NHS Foundation Trust / CANDDID*

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3.00pm - 3.30pm **KN4 AROUSAL REGULATION AND ADHD**

**Dr Maddie Groom**  
*Associate Professor, Division of Psychiatry & Applied Psychology;  
University of Nottingham*

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3.30pm - 4.00pm **KN5 PATHOLOGICAL DEMAND AVOIDANCE**

**Dr Elizabeth O'Nions**  
*Post-Doctoral Researcher  
University College London*

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4.00pm - 4.15pm **CLOSING REMARKS**

**Dr Anushta Sivananthan,**  
*Consultant Psychiatrist/Medical Director  
Cheshire and Wirral Partnership NHS Foundation Trust*

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*At the time of printing all information is accurate. We cannot be held responsible for any subsequent changes in the final programme.*

**For any queries, please contact  
cwp.canddid@nhs.net or  
Tel. (01244) 393179**

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