



THE WESTON HUB

LAUNCH DATE
28th February
2022

A new safe space to support people aged 18+ experiencing emotional distress.



ECHC are a support provider based in Cheshire East providing help to individuals with their mental health. We are pleased to offer our crisis café service from The Weston Hub.



At The Weston Hub, we offer a safe, welcoming environment with experienced on-site staff members who can provide a comfortable safe space in a non-clinical setting, to support individuals in crisis.



We provide emotional support, practical advice, signposting to appropriate services and access to a variety of structured skill building courses and social activities with other café users.

Working closely with the Crisis Line, CWP urgent mental health helpline and home treatment team, where needed we will support individuals in crisis to access the appropriate support.



OPENING HOURS

10am - 10pm, Mon - Sun
(please contact **0800 145 6485** if you require support outside of these hours)

HOW TO MAKE A REFERRAL

- Health and social care services
- 24/7 urgent mental health helpline
- GP practices
- Primary care services
- Voluntary agencies



01625 440700



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www.echc.org.uk