DIALOG Scale

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| totally dissatisfied  | very dissatisfied  | fairly dissatisfied  | in the middle  | fairly satisfied  | very satisfied  | totally satisfied  |

|  |  |
| --- | --- |
|  1. How satisfied are you with your mental health?  |   |
| 2. How satisfied are you with your physical health?  |   |
| 3. How satisfied are you with your job situation?  |   |
| 4. How satisfied are you with your accommodation?  |   |
| 5. How satisfied are you with your leisure activities?  |   |
| 6. How satisfied are you with your relationship with your partner/family?  |   |
| 7. How satisfied are you with your friendships?  |   |
| 8. How satisfied are you with your personal safety?  |   |
| 9. How satisfied are you with your medication?  |   |
| 10. How satisfied are you with the practical help you receive?  |   |
| 11. How satisfied are you with your meetings with mental health professionals?  |   |

Complete this section with a practitioner

What areas are we going to focus on during the next period of care and support?