DIALOG Scale

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| totally dissatisfied | very dissatisfied | fairly dissatisfied | in the middle | fairly satisfied | very satisfied | totally satisfied |

|  |  |
| --- | --- |
| 1. How satisfied are you with your mental health? |  |
| 2. How satisfied are you with your physical health? |  |
| 3. How satisfied are you with your job situation? |  |
| 4. How satisfied are you with your accommodation? |  |
| 5. How satisfied are you with your leisure activities? |  |
| 6. How satisfied are you with your relationship with your partner/family? |  |
| 7. How satisfied are you with your friendships? |  |
| 8. How satisfied are you with your personal safety? |  |
| 9. How satisfied are you with your medication? |  |
| 10. How satisfied are you with the practical help you receive? |  |
| 11. How satisfied are you with your meetings with mental health professionals? |  |

Complete this section with a practitioner

What areas are we going to focus on during the next period of care and support?