

Hope & Recovery in the time of COVID - 19 webinar

10th Sept 2020



World Suicide Prevention Day 2020

Let's celebrate and acknowledge achievements

HOPE & RECOVERY in the time of COVID

Welcome by Louise Gittins
Our 5 year Journey film

75% men
4,000 people trained

Annual Summits
zerosuicide alliance
1 million trained

Connect 5
700 parents trained

THANK YOU

Train the trainer
FRONT LINE PEOPLE TRAINED
Mersey Care North West B CWP Fire Service trained

Public Health collaborative
Street Triage

Rugby league heros
ST. Helens Warrington Wolves
If they can talk about feelings there's hope for all!!!

ZERO suicide

People initiating own things - 'Seams Place', 'Pawls Place', 'Journey meet', 'No 71 Chester'

Covid continues, loneliness increases, isolation/depression/trauma BUT it doesn't mean an increase in suicides are inevitable!

MEDIA - NON SENSATIONALIST WELFARE & RR DOMESTIC ABUSE PM CAMPAIGNS

Papyrus

0800 068 4141
email pat@papyrus-uk.org
TEXT 07786 209 697
VISIT THE WEBSITE



Reach out to someone everyday - it just might make a difference

#WSPD20

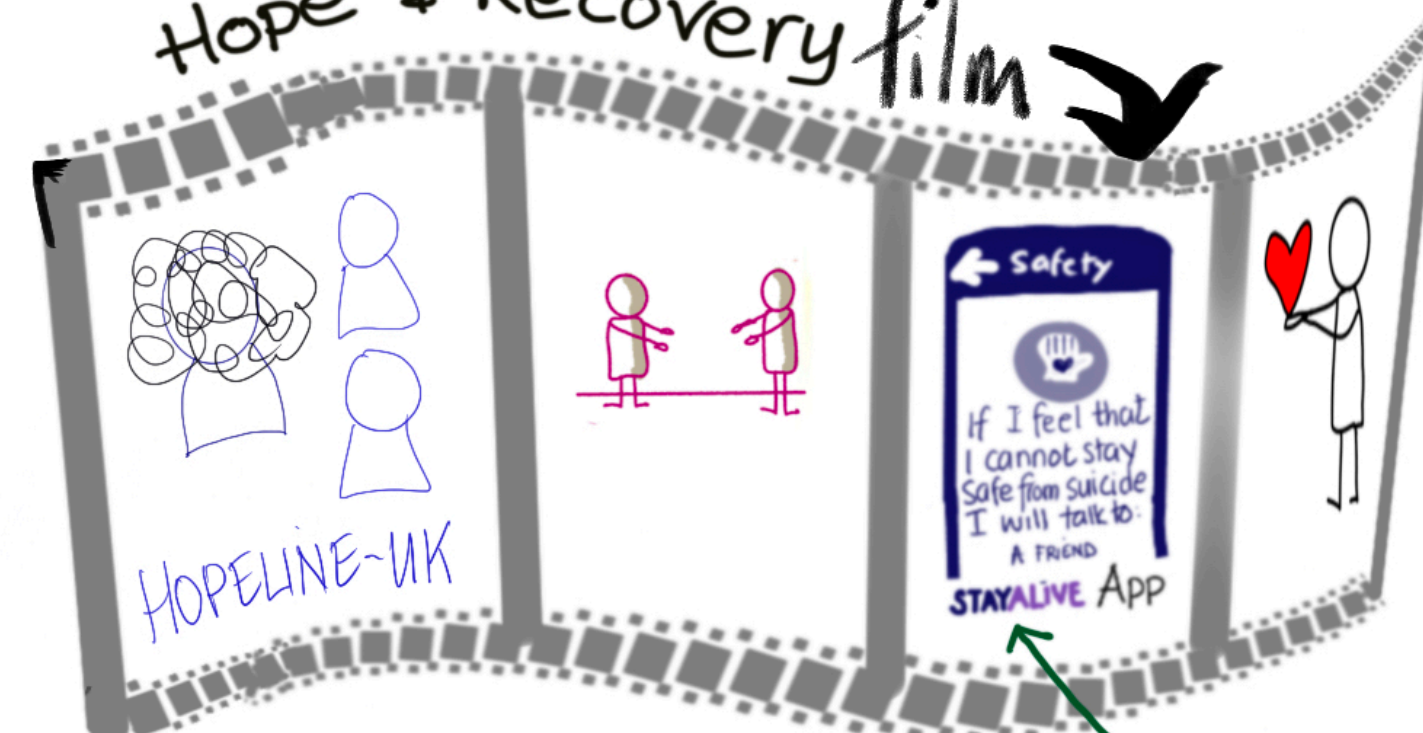


BE KIND

@CMPHN



Hope & Recovery film



Thanks for being here and take care of yourself... think about how you can be inspired from today to further the work + Share the App

@cathy-walsh123 @cwpnhs

No MORE Suicide: strategy

Number of cases for 2020 similar to 2019, Non-UK nationals being further investigated
Variation in numbers by LA is 38 in Liverpool so far more than 2019 total for year (37)

PAPYRUS DOES 3 things:
SUPPORT EQUIP INFLUENCE
HOPELINEUK TRAIN SOCIAL POLITICAL

MODEST INCREASE IN SUICIDE RATE 15-19 year olds
its NOT all about Social media or exam pressure.

MENTAL HEALTH PROGRAMME

my distress acute hospital liaison psych
24/7 Crisis & CYP provision

IF YOU FELT LIKE THIS?
"I WANTED TO END IT ALL"
"SUICIDE IS THE ONLY ANSWER"
"DEATH IS MY ONLY OPTION"
"I'M GOING TO END MY LIFE"
SEE MEDIA @YouTube

What if it were you?
Think what you would want for yourself!!!

SIGN POST

24/7 helpline during Covid

Prospect Partnerships

IPS Supporting People into employment

The 10 Suicide Safer Communities Pillars
Leadership Intelligence Awareness Wellbeing Skills training Crisis support Clinical services Bereavement support Evaluation Sustainability

training skills & tools
24/7 Crisis Support
evaluation & how does it feel?

People supported in community

Living Works Video

AWARD TO: THE 1st SUB REGION IN UK
RICHARD RAMSAY



Inspire other areas to copy C+M model

Congratulations!!!!

Inclusive
Hearing views & communicating

You are a Suicide Prevention Resource as well as
Parents Bedtime Stories (2018-2020)
Educators University guides (2019)
Concerned others Supporting your child (2020)
CHECK OUT YOUTUBE PAPYRUS-UK.ORG

Realtime Surveillance tells us that 2020 data is similar to 2019 despite lockdown
Data also ensures that we look at location & environment info
Suicide prevention leads Safe Care Group Peer challenge
developed work in self-harm & trauma
supporting people with dual diagnosis

- National Confidential Inquiry into Suicide & Homicide 10 safer care Standards
- 1 Safer wards
 - 2 care plan follow up close to home
 - 3 24/7
 - 4 Outreach teams to people who may lose contact
 - 5 Multi disciplinary view with others
 - 6 N.I.C.E. Guidance (fronted)
 - 7 Safer care in emergency depts
 - 8 Safer care in Primary care
 - 9 10 Men's Health



Intelligence DATA
Leadership & awareness

WORKING TOGETHER IS